

DAY 1: LIVING SYSTEMS SUMMIT

FROM DOUGHNUTS TO DEEP ROOTS

HOSTED BY THE TOWN OF OKOTOKS

Doors Open

Come on in & get comfortable

6:00 pm

Welcome

6:30 pm

Our Relationship with the Land, A Blackfoot Perspective on
Natural Laws & Oral Governance Systems

Speaker: Elder Reg Crowshoe

6:35 pm

Bringing the Evening to a Close

But this is just the beginning....

7:25 pm

DAY 2: LIVING SYSTEMS SUMMIT

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Arrivals & Registration	7:15 am
Breakfast Starting the day well	7:30 am
Welcome Moving from Doughnuts to Deep Roots	8:30 am
It's Alive: Seeing Towns Through a Living Systems Lens Speaker: Greg Hart	8:55 am
Coffee & Conversation Pause, sip & connect	10:10 am
Engaging Everyone for the Common Good Speaker: Dr Paul Atkin	10:40 am
Lunch Eat, rest, & on we go	12:00 pm
Energy & Focus Reset Guided, optional, nothing awkward	12:45 pm
Roundtable 1: Spotting Potential & Giving It Oxygen Small-group discussion about systems we work within and how to move forward	12:50 pm
The Problem is the Solution, Turning Liabilities into Opportunities using Regenerative Design Speaker: Rob Avis	1:30 pm
Coffee & Conversation Refresh & wander	2:45 pm
Systems Shaping Youth Mental Health Speaker: Vaden Somers	3:00 pm
Energy & Focus Reset	4:15 pm

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Roundtable 2: Working With Potential (Leverage & Possibilities)
Small-group discussion exploring leverage points, tensions, and possibilities

4:20 pm

Visualizing the Invisible
Speaker: Myrna Bittner

4:50 pm

A Well Earned Break

6:05 pm

Dinner
Good food & good company

6:30 pm

Closing the Day
Appreciation for what we have started to grow together today

8:25 pm

DAY 3 LIVING SYSTEMS SUMMIT

FROM DOUGHNUTS TO DEEP ROOTS

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Arrivals & Registration	7:15 am
Breakfast Fuel-up & find your footing as we begin again	7:30 am
Welcome & What to Expect Setting the stage for today's conversations	8:15 am
Seven Ways to Think Like a 21st Century Economist Speaker: Kate Raworth	8:30 am
Coffee & Conversation Refresh & reconnect as ideas take root	9:45 am
The End of Economic Development Speaker: Michael Shuman	10:15 am
Energy & Focus Reset	11:30 pm
Roundtable 3: Turning Potential into a Next Move Small-group discussion putting insights into practice together	11:35 pm
Lunch Eat, rest, laugh, connect	12:20 pm
Energy & Focus Reset	1:00 pm
Making Sense of It Together Panel & group conversation	1:05 pm
Closing the Summit Carrying our deeper roots forward	1:55 pm